

Principal: Ivan Corley AD: Dave Hughes

Head Coach: Jase Wambold Phone: 509-354-6232 jasew@spokaneschools.org

Var. Asst: RJ Salib

JV Head: Riley Smith JV Asst: Parish Neil

9th Head: Steve Eglet 9th Asst: Josiah Ray



November 2023



"Relentless Pursuit"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Make sure you are signed up on FinalForms by 11/14/22						
Tryout Week	13 Tryout 1 9th 2:45-5pm 10-12 5-7:30pm	14 Tryout 2 9th 2:45-5pm 10-12 5-7:30pm	15 Tryout 3 9th 2:45-5pm 10-12 5-7:30pm *V/JV Teams Made	16 ALL TEAMS: Practice 5-7:30 *Frosh Tryout 4	17 Practice 5-7:30 *Frosh Tryout 5 *Varsity Poster/ Photos—lunch	18 Practice 11am- 1pm
19 Late Week	20 Practice 5-7:30	21 Parent Meet- ing - 6:30pm Var 2:45-5 Main JV/9 5-7 Main	22 No School Practice 10am- 12:30	23 Thanksgiving No Practice	24 No School Practice 3-5pm	25 Valley Jam- boree -All 3 Levels -Varsity Run Through TBD
26	27	28	29 Game Day!	30	1 Game Day!	2
Early Week	Practice 2:45-5	Practice 2:45-5	SPHS Home *Varsity Run Thru TBD	Practice 5-7:30	@Walla Walla *Varsity Run Thru TBD	Practice 3-5pm

*Varsity Team Meetings/Film

- 5-5:30pm during Early Practice weeks
- 4:30-5pm During Late Practice Weeks

3rd in State 2018



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December 2023



"Relentless Pursuit"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Game Day!	2
					@Walla Walla *Varsity Run Thru TBD	Practice 4-6pm
3	4	5 Game Day!	6	7	8 Game Day!	9
Late Week	Practice 5-7:30	@ Mt. Spokane *Varsity Run Thru TBD	Practice 5-7:30	Practice 5-7:30	CV HOME *Varsity Run Thru TBD	Practice 11- 1:30pm
10 Early Week	11 Practice 2:45-5	12 Game Day! Cheney HOME *Varsity Run Thru TBD	13 <u>Wrestling</u> Var Practice 2:45-5 JV/9 Practice 5-7	14 <u>Wrestling</u> Var Practice 2:45-5 JV/9 Practice 5-7	15 <i>CvC!</i> Gonzaga Prep HOME *Varsity Run Thru TBD	16 Practice 11- 1:30pm
17	18	19 Game Day!	20	21	22 Game Day!	23
Late Week	Practice 5-7:30	 Post Falls *Varsity Run Thru TBD 	Practice 5-7:30	Practice 5-7:30	Kennewick HOME *Varsity Run Thru TBD	No Practice
24	25 <u>Christmas</u>	26 No School	27 No School	28 No School	29 No School	30 Game Day!
Winter Break	No Practice	No Practice	Practice 9-11am	Practice 9- 11am	Practice 9- 11am	 (a) Hanford *Varsity Run Thru TBD

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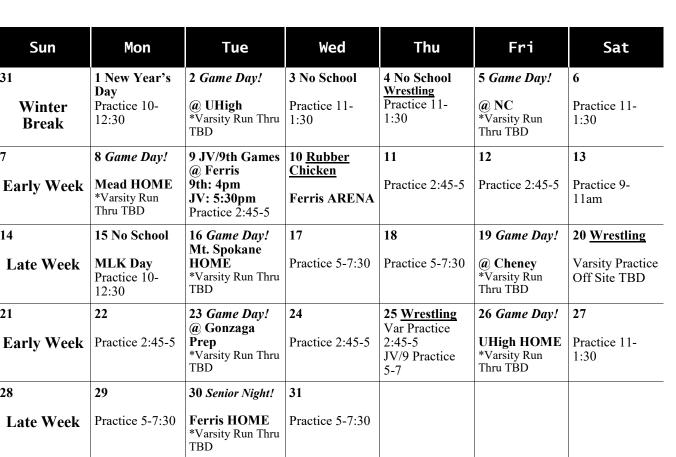
JV Head: Riley Smith JV Asst: Parish Neil

9th Head: Steve Eglet 9th Asst: Josiah Ray



January 2024

"Relentless Pursuit"



*Varsity Team Meetings/Film

31

7

14

21

28

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- 4:30-5pm During Late Practice Weeks

3rd in State 2018



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February 2024



"Relentless Pursuit"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
T / TT / T				1 	2 Game Day!	3 D
Late Week				Varsity Practice 2:45-5	@ CV *Varsity Run Thru TBD	Practice 9- 11am
4 Early Week	5 Practice 2:45-5	6 End Regular Season @ Ridgeline *Varsity Run Thru TBD	7 Varsity Practice 2:45-5	8 Regional Playoffs TBD	9 Varsity Practice 2:45-5	10 District Playoffs
11	12	13	14	15	16	17
Late Week	Varsity Practice 5-7	Regional Playoffs TBD	Varsity Practice 5-7	Regional Playoffs TBD	Varsity Practice 5-7	Regional Playoffs TBD
18	19 No School	20 No School	21	22	23	24
Early Week	Varsity Practice TBD	Varsity Practice TBD	Varsity Practice TBD	Varsity Practice TBD	WIAA Region- al Tourney	WIAA Region- al Tourney
25	26	27	28	29	1	2
Late Week	Varsity Practice TBD	Varsity Practice TBD	WIAA State Tourney	WIAA State Tourney	WIAA State Tourney	WIAA State Tourney

***Varsity Team Meetings/Film**

- 5-5:30pm during Early Practice weeks
- 4:30-5pm During Late Practice Weeks

3rd in State 2018